

CERTIFICATE OF  
**COMPLETION**



**36.1KM TREBLE BREAKWALL BUSTER**

NAME: **KAREN HOWELL**

HALF MARATHON TIME: **02:26:41**

10KM TIME: **01:50:39**

5KM TIME: **01:32:30**

OVERALL TIME: **05:49:50**

RACE PLACING: **220**

GENDER: **F**

GENDER PLACING: **67**

AGE CATEGORY: **F40-49**

AGE CATEGORY PLACING: **23**

