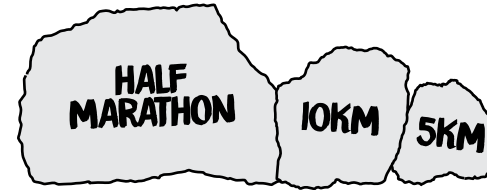


CERTIFICATE OF
COMPLETION



36.1KM TREBLE BREAKWALL BUSTER

NAME: KAREN HOWELL

HALF MARATHON TIME: 02:26:41

10KM TIME: 01:50:39

5KM TIME: 01:32:30

OVERALL TIME: 05:49:50

RACE PLACING: 220

GENDER: F

GENDER PLACING: 67

AGE CATEGORY: F40-49

AGE CATEGORY PLACING: 23

