



we run for fun!

# Lane Cove Fun Run

## CERTIFICATE OF COMPLETION

**TOM LINGARD**

**Ran 5KM in The  
2019 Lane Cove Fun Run**

OFFICIAL Time: 00:31:24

OVERALL PLACE: 223

NET Time: 00:31:03

DIVISION: M40-49

DIVISION PLACE: 44

SUNDAY 8<sup>TH</sup> SEPTEMBER

★ [LanecoveFunRun.com.au](http://LanecoveFunRun.com.au) ★