



# TOWER ONE STAIR CHALLENGE

FOR GIANT STEPS  
SUPPORTING CHILDREN  
AND ADULTS WITH AUTISM

**NIHARIKA SHRESTHA**

Completed the

**Tower One Stair Challenge on August 6, 2023**

in a time of

**00:18:18**

**#T1stair  
challenge**

**F**  
Fitness First

ONE  
INTERNATIONAL  
TOWERS



**stair  
challenge  
australia  
.com.au**