

CERTIFICATE OF COMPLETION

AT RUN FEST CENTRAL COAST 2025

NAME: MARK FRIEDLAND

RACE COMPLETED: Chop 'n Chill 5km

OFFICIAL TIME: 00:20:33 RACE PLACING: 6

GENDER: M GENDER PLACING: 5

AGE CATEGORY: M20-29 AGE CATEGORY PLACING: 1

RUNFEST
CENTRAL COAST
SUNDAY 23 NOVEMBER 2025

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