

CERTIFICATE OF
COMPLETION

AT RUN FEST CENTRAL COAST 2025

NAME:

MARK FRIEDLAND

RACE COMPLETED:

Chop 'n Chill 5km

OFFICIAL TIME:

00:20:33

RACE PLACING:

6

GENDER:

M

GENDER PLACING::

5

AGE CATEGORY:

M20-29

AGE CATEGORY PLACING:

1

RUN FEST
CENTRAL COAST
SUNDAY 23 NOVEMBER 2025

SPONSORED BY

M
one
BY MINGARA