



TOWER ONE STAIR CHALLENGE

FOR GIANT STEPS
SUPPORTING CHILDREN
AND ADULTS WITH AUTISM

TRISH HEFFRON

Completed the

Tower One Stair Challenge on August 6, 2023

in a time of

00:18:21

**#T1stair
challenge**

F
Fitness First

ONE
INTERNATIONAL
TOWERS



**stair
challenge
australia
.com.au**