

CERTIFICATE OF  
**COMPLETION**

AT RUN FEST CENTRAL COAST 2023

NAME: **ADRIAN FERRIS**

RACE COMPLETED: **Chop 'n Chill 5km Family Fun Run**

OFFICIAL TIME: **00:49:43** RACE PLACING: **100**

NET TIME: **00:49:30**

GENDER: **M** GENDER PLACING: **40**

AGE CATEGORY: **M60-69** AGE CATEGORY PLACING: **5**

**RUNFEST**  
**CENTRAL COAST**  
**SUNDAY 26 NOVEMBER 2023**

SPONSORED BY  
**MINGARA**  
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