

CERTIFICATE OF  
**COMPLETION**

AT RUN FEST CENTRAL COAST 2023

NAME: MICHELLE FROST

RACE COMPLETED: Bersantai Medispa 10k Fun Run

OFFICIAL TIME: 00:55:54 RACE PLACING: 154

NET TIME: 00:54:46

GENDER: F GENDER PLACING: 36

AGE CATEGORY: F40-49 AGE CATEGORY PLACING: 12

**RUNFEST**  
CENTRAL COAST  
SUNDAY 26 NOVEMBER 2023

SPONSORED BY  
MINGARA  
**one**