

CERTIFICATE OF  
**COMPLETION**

AT RUN FEST CENTRAL COAST 2023

NAME: **RACHEL SPOONER**

RACE COMPLETED: **Bersantai Medispa 10k Fun Run**

OFFICIAL TIME: **01:03:13** RACE PLACING: **268**

NET TIME: **01:02:45**

GENDER: **F** GENDER PLACING: **103**

AGE CATEGORY: **F30-39** AGE CATEGORY PLACING: **40**

**RUNFEST**  
CENTRAL COAST  
SUNDAY 26 NOVEMBER 2023

SPONSORED BY  
MINGARA  
**one**