



**TOWER**  
**ONE STAIR**  
**CHALLENGE**

FOR GIANT STEPS  
SUPPORTING CHILDREN  
AND ADULTS WITH AUTISM

NIAMH DELFENDAHL

Completed the

**Tower One Stair Challenge on August 3, 2025**

in a time of

00:21:30

**#T1stair  
challenge**



**stair  
challenge  
australia  
.com.au**