

CERTIFICATE OF  
**COMPLETION**

AT RUN FEST CENTRAL COAST 2023

NAME: **FIONA ADAMS**

RACE COMPLETED: **Bersantai Medispa 10k Fun Run**

OFFICIAL TIME: **01:16:48** RACE PLACING: **424**

NET TIME: **01:15:50**

GENDER: **F** GENDER PLACING: **210**

AGE CATEGORY: **F50-59** AGE CATEGORY PLACING: **30**

**RUNFEST**  
CENTRAL COAST  
SUNDAY 26 NOVEMBER 2023

SPONSORED BY  
MINGARA  
**one**