

8am Sunday  
23rd October 2022

**RUN  
ONE  
HOT  
LAP**



Run the Mount!  
MOUNT PANORAMA

**PUNISH**

BATHURST  
NSW

6.2km

174m

**SHARYN SEMMENS**

has run the

**MOUNT PANORAMA PUNISH**

‘One Hot Lap’ of

Mount Panorama, Bathurst

Sunday 23 October 2022

**00:45:06**

Finish Gun Time

**00:44:24**

Net Time

**557**

Place

**00:24:50**

KOM Time

**F50-59**

Age Category

**34**

Category Place



**Bathurst Physiotherapy**  
& Sports Injuries Centre



**Reliance Bank**  
*you first always*

