



# Lane Cove Fun Run

## CERTIFICATE OF COMPLETION

FRAZER UPFOLD

Ran 5 KM in THE  
2016 Lane Cove Fun Run

OFFICIAL Time: 00:43:44

OVERALL PLACE: 481

DIVISION: M40-49

DIVISION PLACE: 78

SUNDAY 4<sup>TH</sup> SEPTEMBER

★ [LanecoveFunRun.com.au](http://LanecoveFunRun.com.au) ★