

# CERTIFICATE OF COMPLETION

AT RUN FEST CENTRAL COAST 2023

NAME: **RUSS AINSWORTH**

RACE COMPLETED: **Run X Nutrition 21.1km Half Marathon**

OFFICIAL TIME: **01:19:06** RACE PLACING: **3**

NET TIME: **01:19:04**

GENDER: **M** GENDER PLACING: **3**

AGE CATEGORY: **M30-39** AGE CATEGORY PLACING: **2**

**RUNFEST**  
CENTRAL COAST  
SUNDAY 26 NOVEMBER 2023

SPONSORED BY  
**MINGARA**  
**one**